



The Anchor

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30/30

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“ Be a yardstick of QUALITY. Some people aren't used to an environment where excellence is expected.”

- Steve Jobs

*As our simple way of saying "Thank You"
To all of you who have been with us
"THROUGH THE YEARS"*

BLUE MANILA, INC.
Invites You to
30/30

A Blue Manila, Inc. 30th Anniversary STCW 2010 Raffle Training Give-Aways!

*On Nov. 18, 2013
We will be giving away :*

- 30 Php 1,500.00 worth of STCW 2010 Training Gift Certificate
- 30 Php 1,000.00 worth of STCW 2010 Training Gift Certificate
- 30 winners of Php 300.00 worth of cellphone load

*Plus : All BMI "Loyalistas" or those crew who have been serving BMI for 15 years or more
Will be given Php 3,000.00 worth of STCW 2010 training gift certificates*

*All office visitors on this day are qualified to join the raffle @ around 11:00 am
Snacks and drinks are on us ... See you !*

Blue Manila, Inc. (BMI) celebrated its three decades of continued and quality sea-based manpower deployment services on November 18, 2013 amid setbacks.

Shortly before our anniversary date, our country was struck by two powerful natural catastrophes which caused devastating effects to the Filipino people, society and our economy.

Global shipping continued to reel through volatile conditions.

The above tested the indomitable Filipino spirit of resiliency: the ability to rise up to and from every challenge; the same notable character that defines the spirit and outlook of Blue Manila.

Blue Manila has more than compelling reasons to celebrate its 30 years in the manning industry albeit in a relatively austere yet meaningful way.

In exercising prudence and practicality, the management decided to re-channel its available resources to more worthwhile activities to mark its 30th anniversary held on November 18, 2013 in our office premises.

Blue Manila raffled off Training Gift Certificates among its crew both on board and ashore. The Training Gift Certificate entitles every winner to enroll at accredited training centers and thereby help them fulfill their outstanding STCW 2010 requirements.

Loyal BMI crew who have accumulated at least 15 years of sea service on board BMI manned vessels were automatically awarded with Training Gift Certificates worth Php 3,000.00 each. The names of the awardees were announced in a short program.

Crews who were on vacation were invited to participate in the Cultural Awareness Seminar during the anniversary date. The participants all agreed that the seminar will truly help them in dealing with Officers and crew of different nationalities on board.

Modest lunch and snacks were served to the crews, our staff, seminar participants and all office visitors on this day.

For list of lucky winners of the Raffle Draw, please check our Office Bulletin Board or with our Ms Brenda Refugia.

Blue Manila wishes to thank our staff, our contact partners in the industry, our sub-contractors and our crew for their dedicated service and loyalty. Our Special Thanks go to our principals for their continued trust and confidence in Blue Manila and our crew through three decades. Thanks also to the manning industry associations and Philippine government agencies, who together with our principals help promote the employment and welfare of our Filipino seafarers.

By: F. Arcellana



Crew at the Cultural awareness Seminar

Race for STCW 2010 Compliance

The Standards of Training, Certification and Watchkeeping for Seafarers (STCW 2010) Manila Amendments came into effect on January 1, 2012. With it is a five-year transitional period until January 1, 2017.

Major revisions in each chapter of the convention resulted in several important changes in the seafarer's structure of certification. Around the world, the Philippines included, is on the wild race for the STCW 2010 compliance.

As the globally-leading supplier of seafarers, the Philippines is at the forefront in the implementation of the new provisions of the STCW 2010. The lead agency in STCW

2010 implementation in the country, Maritime Industry Authority (MARINA) has steadily guided all the stakeholders (shipping companies, manning agencies, and seafarers) in the training and certification. MARINA has assured the international shipping community the country's compliance to the STCW and its amendments.

On another front is the Maritime Labour Convention (MLC) of 2006 issued by the International Labour Organization (ILO). On August 20, 2012, the Philippine representative to the United Nations deposited its instrument of ratification of the MLC to the Director-General of the ILO.

This action made the Philippines the

30th UN member to have accomplished. It also clearly demonstrated the commitment in protecting the rights of the seafarers and ensures a quality and level playing field among shipowners.

Indeed the timing of ratification as the 30th member has put the Philippines into the limelight. The Philippines is rewarded for its contributions not only to the cause of the seafarers but also to all migrant workers.

The Philippines' Department of Labor and Employment (DOLE) leads in the implementation of the provisions of MLC 2006. DOLE set a policy that requires the re-certifying of ships cooks and stew-

ards to conform to regulations.

It is a huge task and it necessitate the industry support agencies. Thus, Blue Manila sees the importance in immediate compliance to the conventions and its provisions. BMI has implemented measures and programs to assists its seafarers in upgrading their training certification. One of which is providing monetary incentives to deserving crew that will help them defray some of the costs of training. BMI also coordinated with competent training providers that will give quality training and education for the crew.

By: F. Bautista III

Source: ILO/IMO

Health is Wealth

FOOD GUIDE TO A HEALTHY HEART

	CHOOSE	GO EASY	AVOID
Meat, poultry, fish and shellfish (up to 6 ounces/day)	Lean cut of meat w/ fat trimmed, chicken and turkey w/o skin fish	Shellfish	"Prime" grade fatty cuts of meat, goose, ducks, liver, kidneys, bacon & hotdogs
Dairy products (2 or more serving/day, 3-a for pregnant or breastfeeding women)	Skim milk, 1% fat milk, evaporated skim milk, low-fat yogurt, low fat cottage cheese, low fat butter-milk	2% fat milk, part skimmed ricotta, cream cheese, sour cream, hard cheese like (mozzarella)	Whole milk, cream, imitation milk products, whipped cream, whole milk ricotta, custard style yogurt, cheddar and muenster cheese
Eggs	Cholesterol-free eggs substitute, egg white	Egg yolks (3-4)/week	
Fruits and vegetables (5 or more servings/day)	Fresh, frozen or dried fruits (watch sodium content)	Canned fruits in heavy syrup	Coconut, vegetables prepared in butter, cream and sauce
Bread, cereals, pasta, rice, peas and beans (6 more servings/day)	Most breads, water bagels, rice cakes, hot & cold cereals, spaghetti, macaroni noodles and any grain rice; dried peas and beans, baked potato	Store brought pancakes, waffle, biscuits, muffins and corn-bread	Croissants, sweet rolls, Danish doughnuts, egg noodles, pasta rice prepared with cream butter or cheese sauces; scalloped potato

Source: Halcyon Marine Healthcare Systems

In our thrust to help increase Health Awareness among our crew and help decrease the number of medically unfit cases either in the PEMEs or during the term of their contracts on board, Blue Manila has been conducting a monthly 1-day Health Awareness Seminar for our crew.

Some crew lost their chances of employment or re-employment due to pending or unfit PEMEs attributed to diabetes, elevated cholesterol, hypertension, obesity or kidney and gall bladder stones among others. On the other hand, there was an alarming number of medically repatriated cases owing to low back pain or worst, herniated or slipped discs which require surgeries.

The Health Awareness seminar educates and reminds our crew on adhering

to a Healthy Lifestyle by observing proper nutrition, doing exercises and avoiding certain food types or groups. Furthermore, the afternoon session is dedicated towards teaching the crew in the observance of Healthy Working Posture that will help avoid Back or Posture related injury or illness.

In adhering to the above, a FTW medical certificate is surely an investment for continuous employment on board. To all our crew, remember that 'HEALTH IS WEALTH'

For schedule of the Health Awareness seminar, please check with our Ms. Lenie Rose Fernandez

Knowledge is Power

Blue Manila has launched its first Livelihood seminar in April 26, 2008 and every 3rd quarter of every year thereafter. This is for the benefit of our crews' dependents which is dedicated to help empower their lives by :

1. Imparting new knowledge
2. Enhancing their entrepreneurial skills
3. Educate dependents on ways & means to augment family Income.
4. Foster camaraderie among seafarer's dependents and open avenues for support groups.

Among the seminars conducted were: Candle, Jewelry, Soap, Balloon Making & decorations, Perfumery, Basic Massage Therapy, Baking, Ham, Meat Processing, Chocolate Making and including lectures on Emergency & Securing the Home as well as Marriage & Family.

We are happy to note that the some of the dependents ventured into small/

home based business using knowledge and skills learned from the livelihood seminars.

By: Gjing Balais



Balloon Decoration



Perfume Making



Soap Making



Basic Baking

Reaching Out ...

For many years now, every 3rd quarter of the year BMI organizes outreach programs and visits to institutions and hospitals providing shelters to abandoned and/or sick individuals (including seniors and children) not only to bring supplies and goods they need but most importantly to devote time and space to interact with them. We have come to realize that more than the medicines, food and supplies we bring, they value more the attention and the feeling of being appreciated themselves by engaging them in pep talks and getting to know them and sometimes even sing and dance with them.

In the aftermath of typhoon "Yolanda", the management with the help of crew & other volunteers has immediately organized a search operation: to find out the conditions of crew and/or their families who are residing in the stricken areas. The logistical efforts proved to be a tough challenge for those involved due to the breakdown in communication and transport facilities. Nevertheless, this did not diminish the resolve to pursue efforts for the sake of our crew and their families.

2-3 days later, we started to receive feedbacks from our so called "emissaries" and after every feedback received, we immediately relayed the news about their families to our crew on board with the help of our principals.

All the above efforts would have not been made possible without the able support of our principals.

We like to thank all our principals for their help and assistance ; their concern and thoughts to all our crew and our countrymen who have been affected by these catastrophes.

'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'
Matthew 25:40

By: T. Millar



Passing on the Baton

I Am pleased to announce that following the Board of Directors Meeting last December 20, 2013, the Board has appointed Ma. Paz Francisca (Francis) Arcellana as President/General Manager of Blue Manila, Inc. effective January 1, 2014.

Myself as member of the Board is moving up as Vice Chairman and together with my co-founder and Chairman, Capt. Rainer Blum, will be mainly responsible for our corporate affairs and will continue to endorse and support Ms. Arcellana in her appointment and functions as President/General Manager.

As President/General Manager, Ms. Arcellana has the authority and control of the day to day operations and represents the company in dealings with our principals and government agencies.

We thank you for our long years of partnership and for your continuous trust and support.

We continue to count on and we look forward to a more fruitful cooperation among our companies, our crew and contact partners this 2014 and for the future.

Capt. Jose M. Mangabat
Capt. Rainer Blum

Editorial: The Anchor

We are launching our first Newsletter, The Anchor, a semi-annual publication envisioned to help keep our crew and our principals informed.

Last Oct. 1, 2013, we organized a "Naming the Newsletter & Logo Design" contest participated by the staff of Blue Manila.

A total of 10 entries were submitted. The Board of Judges had to select only the Top 3 winners.

The grand prize winner won Php 5,000.00 in cash. The 2nd and 3rd runner ups who won Php 3,000.00 and Php 2,000.00 respectively submitted their entries as follows:

2nd Runner Up– The Blue Anchor

3rd Runner Up– Welcome Aboard.

Why The Anchor?

The winning entry's design which was patterned after the "Mariner's Cross" symbolizes a FRESH START; a RE-NEWED Hope– something we all look forward to in 2014.

The Anchor-with its significance to the maritime profession, is a symbol that provides stability especially in times of crisis.

We invite our crew to contribute to this newsletter by sending us photos/ accounts of their work and life on board, as well as poems, quotes, etc.

Please e-mail your literary contributions to bmi@bluemanila.com. For the attention of Ms. Gjing Balais.



Celebrates 30 years!!!

COURTESY VISITS

MV MARVEL SCAN

January 5, 2014 - Mariveles, Bataan

On the morning of January 5, 2014, our group with on-signing 3/O Ulysses Peligrino left Manila at 0630 Hrs on the way to Bataan to pay courtesy visit to Captain, Officers and crew of our manned vessel, the MV Marvel Scan

We arrived at the port of Mariveles at around 0930 Hrs. The Marvel Scan on the other hand arrived at the Pilot Station at around 0800 that morning & was berthed at around 0900 Hrs. The vessel is scheduled to unload heavy cargoes like crane parts that are meant for a local industrial park. We waited for the customs formalities to be completed before boarding the vessel.

We were warmly welcomed on board by C/O Lurchenko Viktor. Later on we also met our Filipino crew on deck.

Meeting the crew was a delight as we saw in their faces their joy in this visit as it gives them some opportunity to see some of their relatives and loved ones who came and were given a chance to

be onboard. The Filipino crew is also happy to report about the good teamwork and cooperation onboard and that their Captain is very supportive of his Officers and Crew.

Later on, Capt. Valerii Ditzsevych accommodated us for a brief meeting and reported positive feedbacks of our Filipino crew. He likewise confirmed that all of his officers and crew are working very well onboard and that cooperation is good and he is likewise happy to have a good team onboard.

We also took the opportunity on this trip to tour our 2 deck cadets around the ship courtesy of the 2nd Officer for familiarization and education purposes, to help them prepare when they are deployed for their shipboard training.

At around 1200 Hrs we disembarked and headed back to Manila with off-signing 2/O Marlon Villanueva.

MV CLIPPER AURORA

May 16, 2013 - Bauan International Port, Batangas

We arrived at the port of Bauan in Batangas at 1700 hrs and boarded the vessel half an hour later. We then met with our crew headed by off-signing Bosun Mateo Villanueva, at the crew mess. Our crew are always happy when their vessels call Philippine ports. They don't hide their feeling of comfort and security when in Philippines shores. This was evident with the joyful chat we had with our crew that afternoon.

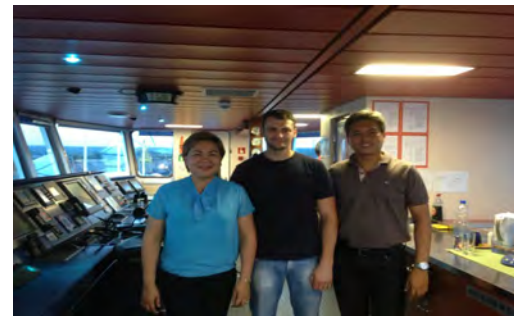
We later had an audience with Capt. Oleksiy Shunkin on the bridge. Capt. Shunkin gave us a

generally good feedback about our Filipino crew.

After our brief meeting with Capt. Shunkin and while still on the bridge, we had the chance to witness the discharging operations of refinery modules.

To Capt. Shunkin, & Capt. Ditzsevych Officers and our crew, Thanks for your warm welcome and Godspeed.

By: F. Arcellana/F. Bautista III



LITERARY CORNER

SAIL

*Sail. Sail even so far away
But promise to let our love forever in thine heart stay
Though thou art Prince of the seas, in my heart, thou shalt be king,
In my life, my spouse;
In my soul, my Mate and everything
To almighty God, I earnestly pray
To keep thee safe and alloweth thee naught to go astray
For devotedly, I wait through nights and days
Christmas, anniversaries and birthdays
That thou shalt cometh back and beside me stay*

CREW AT WORK

